

Sheffield Young Adult Hip Joint Preservation Course

Sheffield, 9-11 December 2017

9th December 2017 Morning session

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| 08:05 to 08:10 | Introduction | Sanjeev Madan |
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| Moderators- Mark Flowers and Nikhil Shah | | |
|--|---|-----------------------|
| 08:10 to 08:20 | Diagnosis and Decision Making in Non Arthritic Hip Pain | Sanjeev Madan |
| 08:20 to 08:30 | Pathogenesis of OA; FAI and Acetabular Dysplasia | Babis Konstantoulakis |
| 08:30 to 08:40 | Arthroscopic Treatment of FAI | Vikas Khanduja |
| 08:40 to 08:50 | Principles of Pelvic Osteotomy | Sanjeev Madan |
| 08:50 to 08:55 | Can Adult Acetabular Dysplasia be Prevented? Ultrasound Screening | Mark Flowers |
| 08:55 to 09:00 | Hip Arthroscopy Techniques | Thanos Papavasileiou |
| 09:00 to 09:10 | Surgical Dislocation Principles | James Fernandes |
| 09:10:09:30 | Q&A | Panel |

09:30 to 10:00 Coffee Break

| 10:00 to 12:30 | Skill Station (8 stations) | Case Discussions |
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| | Central Compartment/ Peripheral Compartment/ Osteochondroplasty/Rim Trim | Acetabular Dysplasia/FAI SUFE/Perthes Fernandes/Flowers |

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|--------------------------|------------------------------|-------------------------------|
| Station 1 & 2 | Central Compartment Portals | Sanjeev Madan/Ed Bache |
| Station 3 to 6 | Osteochondroplasty/ Rim Trim | Papavasileiou/ Geraint Davies |
| Station 7 and 8 | Peripheral Compartment | Khanduja/Konstantoulakis |

12:30 to 13:30 Lunch

9th December 2017 Afternoon session

| Moderators- Vikas Khanduja and Stephen Giles | | |
|--|-------------------------------------|-------------------------|
| 13:30 to 13:50 | Posterior vs Anterolateral THR | Andrew Bruce/Hari Kumar |
| 13:50 to 14:10 | THR vs PSO vs Hip Arthrodesis | ?/Fernandes/Cashman |
| 14:10 to 14:30 | Hip Resurfacing vs Ceramic Bearings | Papavasileiou/Vashishta |
| 14:30 to 14:50 | | |
| 14:20 to 14:30 | Q&A | Panel |

| Moderators - Geraint Davies and Hari kumar | | |
|--|--|-----------------|
| 14:50 to 15:00 | Kocher Langenbeck Approach | ? Sree Metikala |
| 15:00 to 15:10 | Ilio-Femoral Approach | ? Sanjeev Madan |
| 15:10 to 15:20 | Modified Stoppas Approach | Nikhil Shah |
| 15:20 to 15:30 | Anterior only or Anterior and Posterior approach for Triple Pelvic Osteotomy | Sanjeev Madan |
| 15:30 to 15:50 | Q&A | Panel |

15:50 to 16:10 **Coffee Break**

| 15:30 to 17:30 | Case Discussions | Case Discussions |
|----------------|---|------------------|
| | Labral Repair/Capsular Repair/Extra articular Arthroscopy | Khanduja/Madan |

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|-----------------|---------------------------|--------------------|
| Station 1 to 3 | Post Arthroscopy Hip Pain | Raman |
| Station 3 to 6 | Acetabular Dysplasia | Madan/Flowers |
| Station 7 and 8 | Femoral Deformities | Fernandes/Nicolaou |

10th December 2017 – Morning session

| Moderators- Girish Vashishta and John Cashman | | |
|---|--|---------------|
| 08:30 to 08:40 | Salter's Osteotomy | Mark Flowers |
| 08:40 to 08:50 | Dega/ Pemberton's Osteotomy | Owain Evans |
| 08:50 to 09:00 | Management of SUFE Deformities -Current Concepts | Sanjeev Madan |
| 09:00 to 09:10 | Reverse PAO | Sanjeev Madan |
| 09:10 to 09:20 | Q&A | Panel |

| Moderators- James Fernandes and Andrew Bruce | | |
|--|---|---------------|
| 09:20 to 09:30 | Surgical Dislocation and PAO | Sanjeev Madan |
| 09:30 to 09:40 | Imhauser Triplane Intertrochanteric Osteotomy | Ed Bache |
| 09:40 to 09:50 | Correction of Protrusio/Profunda Hip | Nick Nicolaou |
| 09:50 to 10:00 | Combined Femoral and Birmingham Triple Pelvic Osteotomy | Ed Bache |
| 10:00 to 10:10 | Correction of Retroverted and Anteverted Hips | Sanjeev Madan |
| 10:10 to 10:20 | Mosaicplasty of Femoral Head | Sanjeev Madan |
| 10:20 to 10:30 | Q&A | Panel |

10:30 to 10:45 Coffee Break

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|----------------|---|---|
| 10:45 to 12:30 | Cadaver Lab (8 stations) | Case Discussions |
| | PAO/Tonnis/Carlioz Osteotomy Salter/Dega/Pemberton Osteotomy | Protrusio / combined femoral and pelvic osteotomies Cashman/Nicolaou |

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|------------------------|--|-----------------|
| Station 1 to 3 | PAO | Madan |
| Station 4 and 5 | Tonnis/Carlioz/Salter/ Dega/Pemberton | Davies/Flowers |
| Station 6 | Morscher/Wagner/Imhauser/Southwick Osteotomies | Fernandes/Bache |
| Station 7 and 8 | Surgical Dislocation & Transcervical femur Osteotomy | Khanduja |

12:30 to 13:30 Lunch

10th December 2017 Afternoon session

| Moderators- Ed Bache and Nick Nicolau | | |
|--|---|--------------|
| 13:30 to 13:40 | Role of Hard Bearings in THR | ? TBA |
| 13:40 to 13:50 | Uncemented vs Cemented Stem | Harikumar |
| 13:50 to 14:00 | Cemented vs Uncemented Cup | Andrew Bruce |
| 14:00 to 14:10 | Best Approach and prosthesis for young Hip OA | Nikhil Shah |
| 14:10 to 14:20 | Q&A | Panel |

| Moderators Vikas Khanduja and Owain Evans | | |
|--|--|-------------|
| 14:20 to 14:30 | Complications of PAO | |
| 14:30 to 14:40 | Treating Nonunions in Pelvic Osteotomies | Nikhil Shah |
| 14:40 to 14:50 | Hip Resurfacing in Dysplastic Hip: Does it Work? | TBA |
| 14:50 to 15:00 | Q&A | Panel |

| Moderators Becky Aspinall and Sanjeev Madan | | |
|--|---|--------------------------------|
| 15:00 to 15:10 | Current Concepts of Management of AVN | Vikas Khanduja/ Nikhil Shah |
| 15:10 to 15:20 | Hinged Distraction:Salvage for AVN | James Fernandes |
| 15:20 to 15:30 | Shelf Salvage and Chiari Osteotomy | Geraint Davies |
| 15:30 to 15:40 | PSO: Non-Arthroplasty Salvage for arthritic hip | James Fernandes |
| 15:40 to 15:50 | Q&A | Panel |

15:50 to 16:10 Coffee Break

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|-----------------------|---|---|
| 16:10 to 17:30 | Cadaver Lab (8 stations) | Case Discussion |
| | Pelvi-Acetabular approaches for fixation of non-union, malunion and fractures | Hip resurfacing/ Metal Failures/ Revision issues in young. Ceramic Bearings Khanduja/Madan |

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|------------------------|-----------------------|-----------------|
| Station 1 and 2 | Kocher Langenbeck | Sanjeev Madan |
| Station 3 | Modified Stoppas | Nikhil Shah |
| Station 4 | Ilioinguinal Approach | Sree Metikala |
| Station 5 | Iliofemoral Approach | ? Sanjeev Madan |

11th December 2017

08:30 to 09:30 Delegate Case Discussions

Moderators Mark Flowers and Nick Nicolaou

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|-----------------------|-----------------------|-----------------|
| | Live surgeries | |
| 09:30 to 11:00 | MIS PAO | Sanjeev Madan |
| 11:30 to 13:00 | Hip Arthroscopy | Sanjeev Madan |
| 09:30 to 12:30 | Surgical Dislocation | James Fernandes |
| 13:00 to 13:30 | Q&A | Panel |

13.30 – Valedictory function