



ΕΛΛΗΝΙΚΗ ΕΤΑΙΡΕΙΑ ΧΕΙΡΟΥΡΓΙΚΗΣ  
ΟΡΘΟΠΑΙΔΙΚΗΣ ΚΑΙ ΤΡΑΥΜΑΤΟΛΟΓΙΑΣ

ΤΜΗΜΑ ΟΡΘΟΠΑΙΔΙΚΗΣ ΠΑΙΔΩΝ



## 1<sup>ST</sup> HIP PRESERVATION SYMPOSIUM

CHANIA, CRETE, 25-27 OCTOBER 2018

### Course Governors

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## **National Faculty (Greece)**

<b>Professor George Babis</b>	<b>National &amp; Kapodistrian University of Athens</b>
<b>Professor Spiros Pnevmatikos</b>	<b>National &amp; Kapodistrian University of Athens</b>
<b>Professor Apostolos Karantanas</b>	<b>University of Crete, Herakleion</b>
<b>Ass. Prof. Theo Tosounidis</b>	<b>University of Crete, Herakleion</b>
<b>Dr John Anastasopoulos</b>	<b>‘Agia Sophia’ Children’s Hospital of Athens</b>
<b>Dr Dimitris Metaxiotis</b>	<b>‘Papageorgiou’ Teaching Hospital of Thessaloniki</b>
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<b>Dr Sakis Koukoubis</b>	<b>Interbalkan Hospital, Thessaloniki</b>
<b>George Rogdakis</b>	<b>Physio Therapist, Thessaloniki</b>
<b>Despoina Proimaki</b>	<b>Chania General Hospital</b>

## **International Faculty:**

<b>Prof Richard Villar</b>	<b>London, UK</b>
<b>Prof Rohan Rajan</b>	<b>Derby, UK</b>
<b>Mr John O’Hara</b>	<b>Birmingham, UK</b>
<b>Mr Nikhil Shah</b>	<b>Wrightington, UK</b>
<b>Mr Marcos Katchubrian</b>	<b>Maidstone and Tunbridge Wells, UK</b>
<b>Mr Nick Nicolaou</b>	<b>Sheffield, UK</b>
<b>Mr Michail Kokkinakis</b>	<b>London, UK</b>
<b>Dr Jörg H. Schröder</b>	<b>Berlin, Germany</b>
<b>Dr Per Larnert</b>	<b>Goteborg, Sweden</b>
<b>Mrs Kate Rajan</b>	<b>Derby, UK</b>

# **SCIENTIFIC PROGRAM**

**DAY #1: 25-10-2018**

15.00 – 16.00 Registration. Secretariat Administration.

## **16.00-17.30: Newborn. Hip preservation at the start.**

**Moderators: J. Anastasopoulos – B. Konstantoulakis**

- 16.00-16.10 Welcoming by Symposium Governors. Planning.**
- 16.10-16.20 Hip screening to every baby or Hip screening for hips in danger?  
**John ANASTASOPOULOS**
- 16.20-16.30 Graf method for hip US. Principles. **Babis KONSTANTOULAKIS**
- 16.30-16.40 The experience of ultrasound hip screening in Chania.  
**Babis KONSTANTOULAKIS**
- 16.40-16.50 Spica early or Splint? Pavlik. Tubingen. Other? **John ANASTASOPOULOS**
- 16.50-17.00 Discussion, case presentation
- 17.00-17.10 DDH after walking age. Options - When to operate? **Marcos KATCHUBRIAN**
- 17.10-17.20 Approaches to open reduction. **Nick NICOLAOU**
- 17.20-17.40 INVITED LECTURE: John O'HARA:**  
**“Which hip anatomy are we aiming to?  
The correct bony alignment and anteversion.”**
- 17.40-17.50 Discussion, case presentation
- 17.50-18.10 INVITED LECTURE: Richard Villar**  
**“Getting published - where is best?”**
- 18.10-18.30 INVITED LECTURE:**  
**“Thinking out of the Box” Kate A. Rajan**
- 19.00 – 23.00 Faculty Dinner**

## **DAY #2:**

**26-10-2018**

08.30-08.45: Secretariat administration etc.

**08.45-09.00: Welcoming. Symposium Governors.Plan.**

### **09.00-11.00: Hips in Danger. Toddlers/early Teens**

**Moderators: N. Nicolaou -P. Larnert**

09.00-09.10 **Salter/Shelf. Any indications today? Per LARNERT**

09.10-09.20 **Dega/Pemberton: a multifunctioning tool. MarcosKATCHUBRIAN**

09.20-09.30 **Current trends in DDH after walking age – should bilateral or unilateral DDH make a difference in how to treat? PerLARNERT**

09.30-09.40 **Early Osteotomies of the Hip. Is it a big problem for the “Adult’s Surgeon”?  
The view of the PaediatricOrthopaedic SurgeonMichail KOKKINAKIS**

09.40-09.50 **Early Osteotomies of the Hip. Is it a big problem for the “Adult’s Surgeon”?  
The view of the Adult’s Orthopaedic Surgeon Prof George BABIS**

### **09.50 – 11.30 Pediatric Hip problems that require answers**

**Moderators: DimitrisMetaxiotis – RohanRajan**

09.50-10.00 **Cerebral Palsy Hip.Dimitris METAXIOTIS**

10.00-10.10 **The missed Cerebral Palsy Hip. Resection or Preservation?  
MichailKOKKINAKIS**

10.10-10.20 **Hip Resurfacing in CP. John O’HARA**

10.20-10.30 **Perthes. Try to salvage or just let nature take its course. Nick NICOLAOU**

10.30-10.40 **After Septic arthritis. Do you dare operate again? Sanjeev MADAN**

10.40-10.50 **What is the role of physiotherapy in paediatric hip problems?  
DespoinaPROIMAKI**

10.50-11.00 **Case Discussion**

**11.00-11.30      Coffee Break**

**11:30-11:50      INVITED LECTURE: Richard N VILLAR**

**“What does Hip Joint Preservation Actually means?”**

**11.50-13.30      Adolescence: DDH, SUFE and FAI**

**Moderators:              S. Madan – J. O’Hara**

11.50-12.00      **Mild Dysplasia – Hip instability – the role of hip arthroscopy**  
**Thanos PAPAVALIIOU**

12.00-12.10      **MIS Peri-Acetabular Osteotomy.              Sanjeev MADAN**

12.10-12.20      **BIPO Birmingham Interlocking Pelvic Osteotomy: pearls and**  
**wisdom.                      John O’HARA**

**12.20-12.40      Lecture: The Dial Osteotomy Prof. Spiros Pnevmatikos**

12.40-12.50      Discussion

12.50-13.00      **SUFE the initial presentation - Diagnosis and treatment.**  
**Babis KONSTANTOULAKIS**

13.00-13.10      **SUFE an extreme case of FAI?      Nick NICOLAOU**

13.10-13.20      **FAI limits of hip arthroscopy.      JorgSCHRODER**

13.20-13.30      **FAI Open surgical dislocation.Sanjeev MADAN**

**13.30-13.50      INVITED LECTURE: Prof. KARANTANAS**

**“Diagnosing FAI and Dysplasia.The role of CT, MRI and**  
**MRa.A Radiologist’s approach.”**

**14.00 – 15.00      Light lunch break/Coffee**

**15.20-16.50 Sport injuries in the adolescent and young adult hip**

**Moderators: J. Schröder–A. Papavasiliou**

- 15.20-15.30 **The chicken and the egg. Do sports affect hip anatomy?**  
**Alkiviades KALLIVOKAS**
- 15.30-15.40 **Hip-Sport injuries in adolescence. Jorg SCHRODER**
- 15.40-15.50 **The role of Hip arthroscopy in adolescence. Michail KOKKINAKIS**
- 15.50-16.00 **The role of physiotherapy in adolescent hip injuries.**  
**George ROGDAKIS**
- 16.10-16.20 **Diagnosis and Management of Extra-Articular pathology.**  
**Jorg SCHRODER**
- 16.20-16.30 **Algorithmic Approach to Mechanical Hip Pain.**  
**Alkis Kallivokas**
- 16.30-16.45 Future directions in joint preservation. Computer navigation - Stem cells. Richard VILLAR**
- 16.45 – 17.15 Discussion

**19.00 – 23.00**

**FACULTY DINNER**

**DAY #3: 27/10/2018**

**09.30-10.40: Salvage procedures–future directions**

<b>Moderators:</b>	<b>B. Konstantoulakis–M. Katchubrian</b>
09.30-09.40	<b>Pelvic Support Osteotomy.Sanjeev MADAN</b>
09.40-09.50	<b>Hip distraction. Nick NICOLAOU</b>
09.50-10.00	<b>Salvage procedures – results and expectations Sanjeev MADAN</b>
10.00-10.10	<b>Fractures of femoral head in young patients. State of the art. Theo Tosounides</b>
10.10-10.20	<b>case discussion</b>

**10.20-11.50: Young Adult Hip. DDH, FAI, THR**

**Moderators: N. Shah–G. Babis**

10.20-10.30	<b>Classification of DDH in adults. Prof. George BABIS</b>
10.30-10.40	<b>Does skillful neglect and then a THR mean fewer operations andbetter outcome?Theo Tosounidis</b>
10.40-10.50	<b>Hip resurfacing for the young. It works. John O’HARA</b>
10.50-11.00	<b>Ceramic on Ceramic for the young is better and safer.Nikhil SHAH</b>
11.00-11.10	<b>Discussion</b>
11.20-11.30	<b>Short stems. What are the indications?Nikhil SHAH</b>
11.30-11.40	<b>MIS surgery in THR: is there a reason? Prof George BABIS</b>
11.40-11.50	<b>Discussion</b>

## **11.50-12.20 Coffee Break**

- 12.20-12.30            **The classic: THR done properly. The Gold Standard.Nikhil SHAH**
- 12.30-12.40            **The experience of the registries. What to do when.  
Prof Spiros Pnevmatikos**
- 12.40-12.50            **Future directions. Patient specific instrumentation.  
SakisKOUKOUBIS**

## **13.00-13.20            INVITED LECTURE: Prof G.BABIS**

**It is the same patient and the same Hip. Do pediatric and adult orthopedic surgeons speak the same language?**

## **13.20-14.00            Tales from the Crypt – when things go wrong**

**Moderators: S. Koukoubis – B. Konstantoulakis**

- 13.20-13.30            **Painful hip after osteotomy.            John O’HARA**
- 13.30-13.40            **Painful hip after arthroscopy.        ThanosPAPAVASILIOU**
- 13.40-13.50            **Painful hip after THR.                SakisKOUKOUBIS**
- 13.50-14.00            **Discussion**
- 14.10-14.30            **Case Discussion. What would you do?**

## **14.30            CLOSURE OF THE MEETING:**

**MADAN/KONSTANTOULAKIS/PAPAVASILIOU**

**CONCLUSIONS, ACTIONS FOR THE FUTURE**